



## NEWS

## Protect Yourself from Disasters

On January 1, a big earthquake hit Ishikawa Prefecture. Shakes were also observed across much of Nagano Prefecture. If a large earthquake occurred, life here would change greatly. In preparation for emergencies, please make sure to check shelter and other such important information.

## Prepare for evacuation

- Residence card (Passport)
- Medicine
- Mobile phone
- Insurance card (Student card)
- Wallet
- Food & Water

## Gather information

- Emergency disaster information

You can learn about disasters and the prevention.



## Participate in evacuation drills

## Make sure

- You can check the nearby shelter.
- You are known to your neighbors.
- You can evacuate calmly in case of emergency.



- 長野県防災 X

Information will be disseminated in the event of disasters. (Japanese, Chinese, English)



## NEWS

## Multilingual Communication

The Nagano Prefecture Intercultural Consultation Center communicates in many languages via social media.

## Facebook accounts



Japanese  
にほんご



Tagalog



Portuguese  
Português



Thai  
ภาษาไทย



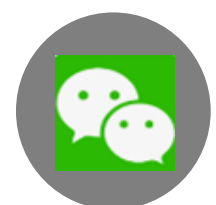
Vietnamese  
Tiếng Việt



Indonesian  
Bahasa Indonesia



LINE call



WeChat  
(Chinese)





Yoriso Hotline accepts consultations about residency status, visas, living and working in Japan, or anything else that you might need help with. This service is available in 10 languages, free of charge. Your personal information will be confidential.

**Charge-Free Number: 0120-279-338**

Please see the website for language service, open hours, etc.



Facebook page

Children who wish to enroll in a public, elementary, or junior high school may attend school free of charge. Please scan the QR codes below to access information and videos about Japanese schools.

外国人児童生徒のための  
就学ガイドブック [Guidebook]



English, Korean, Vietnamese, Tagalog, Chinese, Portuguese, Spanish, Ukrainian

高校進学のための  
ガイダンステキスト [Guidance]



English, Vietnamese, Thai, Tagalog, Chinese, Portuguese, Spanish

【動画】はじめて！  
今日からともだち [Videos]



English, Portuguese, Spanish, Chinese, Tagalog, Vietnamese, Khmer, Korean, Indonesian, Thai, Mongolian, Nepali, Burmese, Ukrainian, Japanese

【動画】おしえて！  
日本の小学校 [Videos]



## Japanese schools start in April !?

In Japan, schools start in April and students graduate in March. In many other countries, schools start in September. The reason Japanese schools start in April is said to be aligned with the Japan's fiscal year, which starts in April. If you bring your family over Japan, you must be careful about the enrolment season.



Please call the Nagano Prefecture Intercultural Consultation Center if you need assistance. Free consultation is available in 15 languages. ☎ 026-219-3068 / 080-4454-1899  
Website: <https://www.naganoken-tabunka-center.jp/>

